

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2019

## Medilodge of GTC

		<p>9:00 Current Events <b>1</b>  10:00 Creative Hands  11:30 Room Visits  1:30 Brain Teasers  2:30 Bingo</p> <p>Happy New Years!!!!</p> <p><small>New Year's Day</small></p>	<p>9:00 Daily Gratitude <b>2</b>  9:30 B&amp;W Movie  10:00 Wisdom Sharing  10:30 Card Club / Movie / Self-Initiated Crafts  11:30 Table Talk  1:30 Endless Beauty  2:30 Bingo  4:00 Barber Shop</p>	<p>9:00 Current Events <b>3</b>  10:00-11:30 Sewing Class / Music / Puzzle Table  1:30 Room Visits  2:30 Bingo  3:45 Table Game – Scrabble Club  4:30 B&amp;W Movie</p>	<p>9:30 Morning Talk/ Current Events <b>4</b>  10:30 Exercise- Sit &amp; Move  11:30 Room Visits  1:30 Self-initiated Crafts  2:30 -3:30 Happy Hour / Card Table  4:00 Puzzle Time / Self-Initiated Craft Table</p>	<p>9:00 Sing-a-Long / Endless Beauty <b>5</b>  10:00 Gospel Hour  11:00 Table Talk  1:30 Aroma Therapy- East hall – Sensory stimulation  2:30 Creative Hands –B-side  2:30 Sing-a-Long-East Hall  4:00 Barber Shop</p>
<p>9:30 Daily Gratitude- Bible Study <b>6</b>  10:30 Bingo  11:30 Good Old Days  1:30 Room Visits  2:30 Exercise In Therapy  4:00 Sing-a-Long</p>	<p>9:15 Current Events / Cranium Crunches <b>7</b>  10:30 Rocking To The Oldies  11:30 Book Club-B-dining rm.  1:00 Room Visits  1:30 Sing-a-Long  2:30- 3:30 Birthday Party  4:00 Sing-a-Long  4:30 Self-Initiated Crafts</p>	<p>9:00 Speed Word Search <b>8</b>  10:00 Communion  10:30-11:30 Circle Exercise Class  1:30 Room Visits  2:30 -3:30 Happy Hour  4:00 Sing-a-Long / Sensory Stimulation  6:30 Prize Bingo</p>	<p>9:00 Daily Gratitude <b>9</b>  10:00 Cooking Class A-side / Snacks to Follow  1:30 Sensory Stimulation –East Hall  2:30 -3:30 Veterans For Life  2:30 Endless Beauty / Self-Initiated Craft Table  4:00 Barber Shop</p>	<p>9:30 Team Challenge <b>10</b>  10:00-11:30 Sewing Class / Music / Puzzle Table  1:30 Room Visits  2:30 Table Game- Residents Choice  3:45 B&amp;W Movie &amp; Popcorn  4:30 Sing-a-Long-East Hall  6:30 Dinner with Diane</p>	<p>9:30 Morning Talk/ Current Events <b>11</b>  10:30 Exercise- Sit &amp; Move  11:30 Room Visits  1:30 Self-initiated Crafts  2:30-3:30 Happy Hour / Card Table  4:00 Puzzle Time / Self-Initiated Craft Table</p>	<p>9:00 Sing-a-Long / Endless Beauty <b>12</b>  10:00 Gospel Hour  11:00 Table Talk  1:30 Aroma Therapy- East hall – Sensory stimulation  2:30 Creative Hands –B-side  2:30 Sing-a-Long-East Hall  4:00 Barber Shop</p>
<p>9:30 Daily Gratitude- Bible Study <b>13</b>  10:30 Bingo  11:30 Good Old Days  1:30 Room Visits  2:30 Exercise In Therapy  4:00 Sing-a-Long</p>	<p>9:15 Current Events / Cranium Crunches <b>14</b>  10:30 Rocking To The Oldies  11:30 Book Club-B-dining rm.  1:00 Room Visits  1:30 Sing-a-Long  2:30 Bingo  4:00 Sing-a-Long  4:30 Self-Initiated Crafts</p>	<p>9:00 Cross Your Letters <b>15</b>  10:00 Communion  10:30-12:00 Cooking Class / Table Games  1:30 Room Visits  2:30-3:30 Happy Hour  4:00 Sing-A-Long / Sensory Stimulation</p>	<p>9:00 Find Your Way <b>16</b>  9:30 B&amp;W Movie  10:00 Wisdom Sharing  11:30 Table Talk  1:30 Endless Beauty  2:30 Bingo  4:00 Barber Shop</p>	<p>9:30 January- IQ <b>17</b>  10:00-11:30 Sewing Class / Music / Puzzle Table  1:30 Room Visits  2:30 Table Game- Residents Choice  3:45 Card Club / Puzzle Time  4:30 Sing-a-Long-East Hall  6:30 Exercise In Therapy</p>	<p>9:30 Morning Talk/ Current Events <b>18</b>  10:30 Exercise- Sit &amp; Move  11:30 Room Visits  1:30 Self-initiated Crafts  2:30-3:30 Happy Hour / Card Table  4:00 Puzzle Time / Self-Initiated Craft Table</p>	<p>9:00 Sing-a-Long / Endless Beauty <b>19</b>  10:00 Gospel Hour  11:00 Table Talk  1:30 Aroma Therapy- East hall – Sensory stimulation  2:30 Creative Hands –B-side  2:30 Sing-a-Long-East Hall  4:00 Barber Shop</p>
<p>9:30 Daily Gratitude- Bible Study <b>20</b>  10:30 Bingo  11:30 Good Old Days  1:30 Room Visits  2:30 Exercise In Therapy  4:00 Sing-a-Long</p>	<p>9:15 Current Events / Cranium Crunches <b>21</b>  10:30 Rocking To The Oldies  11:30 Book Club-B-dining rm.  1:00 Room Visits  1:30 Sing-a-Long  2:30 Resident Council  4:00 Sing-a-Long  4:30 Self-Initiated Crafts  <small>Martin Luther King Day  Tu B'Shevat</small></p>	<p>9:00 Daily Gratitude / Self-initiated Crafts <b>22</b>  10:00 Communion  10:30-11:30 Men's Club-football Trivia  1:30 Room Visits  2:30-3:30 Happy Hour  4:00 Sing-a-Long / Sensory stimulation  6:30 Exercise In Therapy</p>	<p>9:00 Current Events <b>23</b>  10:00 Cooking Class A-side / Snacks to Follow  11:30 Reminiscing  1:30 Sing-a-Long  2:00 Creative Hands  2:30 Veterans For Life  3:30 Scrabble Time  4:30 Sing-a-Long</p>	<p>9:30 Take a Pop <b>24</b>  10:00-11:30 Sewing Class / Music / Puzzle Table  1:30 Room Visits  2:30 Table Game- Residents Choice  3:45 B&amp;W Movie &amp; Popcorn  4:30 Sing-a-Long-East Hall  6:30 Creative Hands</p>	<p>9:30 Morning Talk/ Current Events <b>25</b>  10:30 Exercise- Sit &amp; Move  11:30 Room Visits  1:30 Self-initiated Crafts  2:30 -3:30 Happy Hour / Card Table  4:00 Puzzle Time / Self-Initiated Craft Table</p>	<p>9:00 Sing-a-Long / Endless Beauty <b>26</b>  10:00 Gospel Hour  11:00 Table Talk  1:30 Aroma Therapy- East hall – Sensory stimulation  2:30 Creative Hands –B-side  2:30 Sing-a-Long-East Hall  4:00 Barber Shop</p>
<p>9:30 Daily Gratitude- Bible Study <b>27</b>  10:30 Bingo  11:30 Good Old Days  1:30 Room Visits  2:30 Exercise In Therapy  4:00 Sing-a-Long</p>	<p>9:15 Current Events / Cranium Crunches <b>28</b>  10:30 Rocking To The Oldies  11:30 Book Club-B-dining rm.  1:00 Room Visits  1:30 Sing-a-Long  2:30 Bingo  4:00 Sing-a-Long  4:30 Self-Initiated Crafts  <small>Australia Day (observed)</small></p>	<p>9:00 Current Events <b>29</b>  10:00 Communion  10:30 Men's Club-Hobbies Trivia  11:30 Good Old Days  1:30 Room Visits  2:30-3:30 Happy Hour  4:00 Sing-a-Long/ Sensory  6:30 Exercise In Therapy</p>	<p>9:00 Daily Gratitude <b>30</b>  9:30 B&amp;W Movie  10:00 Wisdom Sharing  10:30 Card Club / Movie / Self-Initiated Crafts  11:30 Table Talk  1:30 Endless Beauty  2:30 Bingo  4:00 Barber Shop</p>	<p>9:00 Room Visits <b>31</b>  9:45 Sing-a-Long (music)  10:30 Double Trouble Bingo  11:30 Good Old Days  1:30 Room Visits  2:30 Bingo  3:45 B&amp;W Movie  4:00 Barber Shop  6:30 Take a Walk-Restorative</p>	<p>Resident Council – Monday Jan-21<sup>st</sup> 2018</p>	